

PREP TALK

INTRODUCING *Prep Talk*

Welcome to Riverside Preparatory Middle School's debut newspaper!

With the first quarter down and the second almost over, it is time to introduce our first edition of Prep Talk, Riverside Prep Middle School's official online newspaper. This digital newspaper will be released biweekly and is geared for your enjoyment and support.

Ms. Childers's Creative Writing class is so excited to share our hard work and dedication! We hope you enjoy.

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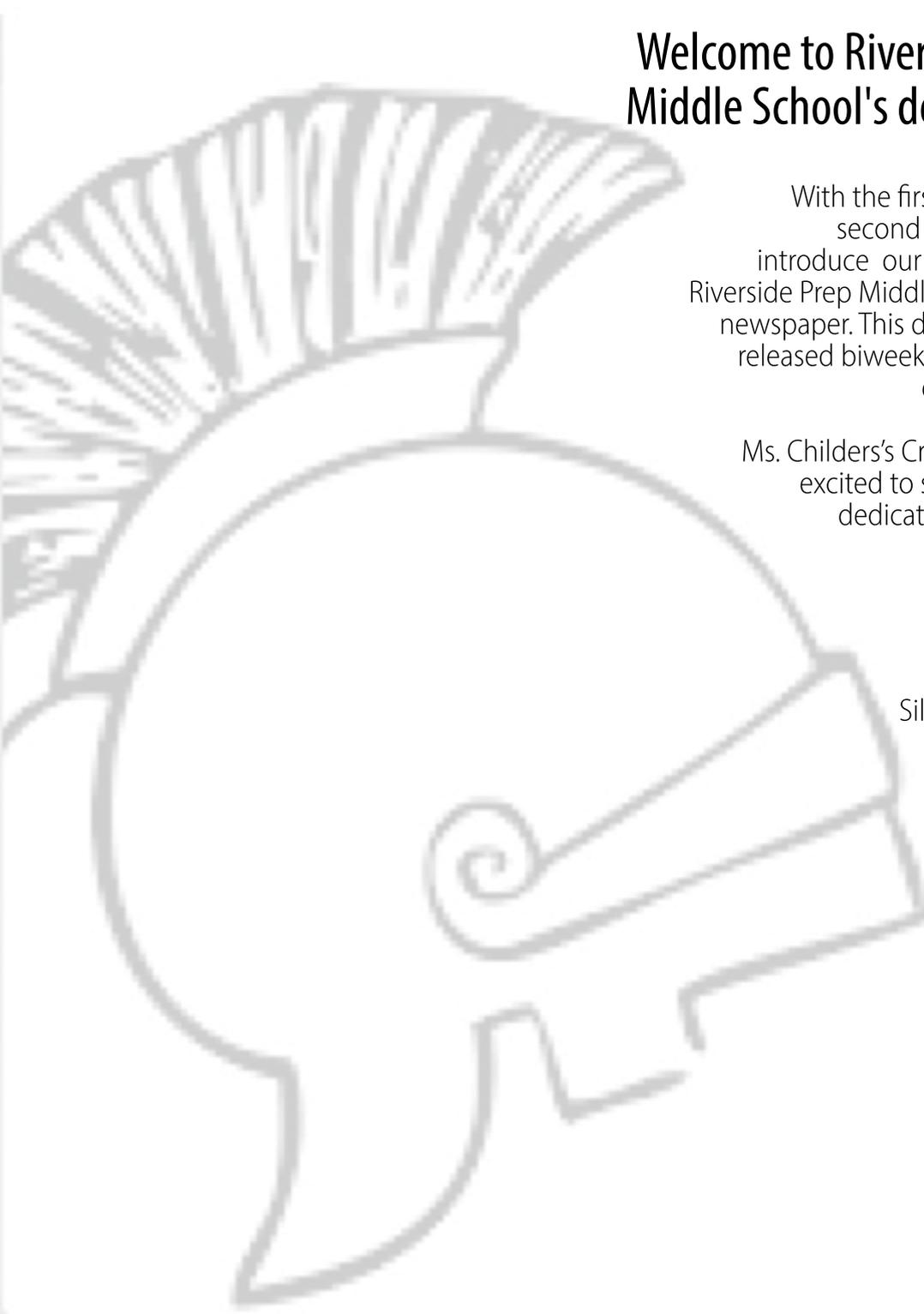
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Academics

Study Tips and Tricks

By Amadora Soccio

To update any fellow students out there, the first semester of the school year is almost done, report cards will be handed out, parent teacher conferences are coming up, and Honor Roll assemblies are slowly arriving at RP. Around this time, stress may be an issue in terms of getting grades turned in on time, making sure that you make up certain assignments, and wanting to get on the Honor Roll. These study tips and tricks may help you out.

Firstly, if you want to generally raise your GPA, **organizing** would definitely be a good solution. This can be from having folders and notebooks for each of your classes, having a decent amount of writing tools, and maybe even checking Aeries regularly to see what assignments you are missing. Middle school is preparing you for high school, college, and future jobs, and when it comes to being successful, organizing can really help you to achieve your goals. A planner can also come in handy to keep up with classes. It can be as simple as writing down what homework you have to do when you get

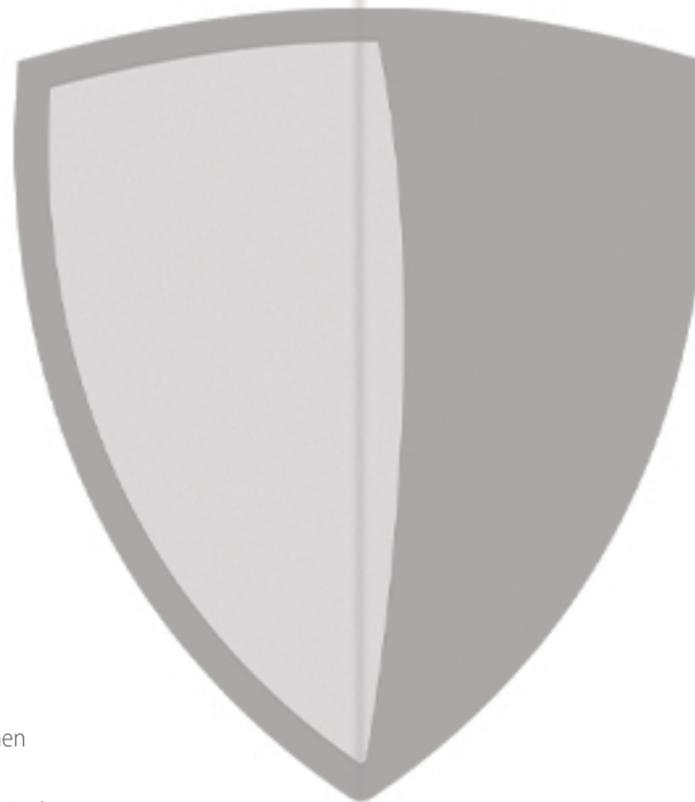
home, upcoming tests, and what days you can possibly have substitute teachers. This will make your life easier, and this way, you don't stress as much to find where your **paper is or what day you had to study for the test.**

The second option would be to have a **positive mindset** and to **take breaks** while studying. Studies have shown that taking 10-20 minute breaks can increase your creativity and focus, although what you do with that time frame can affect the whole purpose. What is typically suggested to do is to go outside and take a walk, as this can clear your mind and take away stress, or you can doodle any drawing. This can positively boost your energy and even your mood.

Now there are some things you should avoid, such as taking **naps or eating junk food.** These can make you feel even more sluggish and will make you not want to study. Another point worth noting can be to think happy thoughts when studying for an exam. It

can be as small as having motivational quotes around you, or listening to some classical music. Music can always bring out the feelings that you need to feel, and classical music has been known for stress relief and motivation. Thinking positively can also affect those around you, it's contagious even, which in this case is always a good thing.

Finally, the last tip would be to **find a study tactic that works for you.** There can be different methods of studying, new and old, that you may try to see what works for you. Some include: note taking, flashcard training, and the famous reading and listening. All of these methods and more can be great for studying with most of your subjects. Some may disagree with the note taking idea and believe you are only supposed to take notes when told, when really that is a pretty old and used myth. Note taking is a great option for studying and can be done at any time in class, and most teachers will also encourage this. You can even color code the notes and redo them to save for later reference. This was not previously mentioned, but you can also have a good study group/chat. This can work really well if you have a good set of people who are responsible and dedicated enough to put in work. It can also be good to see your peers' perspectives instead of just yours. You never know, someone may have an idea that you haven't thought of yet.



Campus Events

Silver Knights Give Back

By Trevor Thompson

Riverside Prep ASB is hosting a canned food drive for people in need this holiday season. The drive started mid-November and ends this Friday, November 22. The fifth period class that has the most cans and goods at the end of this Friday wins a special prize.

This is a great way for our students to give back to the community and those in need. We should all find ways to give back this season, both including this event and outside of this event.



A small portion of the many cans in Mrs. Covarrubias's class

Upcoming Events

Thanksgiving Break
November 25-29

Skate Night
December 10

Basketball Tryouts
December 10-11

Final Exams
December 17-19

Winter Break
Dec. 20 - Jan. 10

Get Your Skate On

By Ms. Childers

Riverside Prep is hosting another Skate Night at Holiday Skate Rink in Victorville. This is the third skate night this year, and it is on December 10th and costs \$10 to attend. Come out and enjoy a fun night filled with skating, friends, and music! Presale tickets are available now in Mrs. Salazar's room.



Sports

Coming to an End

By Trevor Thompson

The boys' baseball team just finished their season with a record of 4-4, with a win over CIMS 3-2.

Randy Alvarez came up big in the last inning with a 2 run triple, and he eventually came around to score on a wild pitch. Our defense held up strong after giving up two runs in the last inning. They

got the final out and won. This was big for the boys, finishing the season with a 4-4 record. This was our first ever middle school baseball team here at RP, and it did not go badly at all. This could not have gone anywhere without the guidance of the wonderful Coaches Garcia and Quinn though. Great work Coaches and team!



RPMS Baseball has a final huddle post-game on Tues.

Be a Part of a Team

By Ms. Childers

Looking to be part of a sports team this school year? Riverside Prep MS is holding basketball tryouts on December 10th and 11th. Anyone looking to tryout must have a current physical and needs to be registered for

[basketball on 8to18.com](http://basketball.on8to18.com). Joining the basketball team is a great way to become part of a team, make new friends, and show off your skills. If you need any additional information, please see Mr. Ahmad. Good luck!



Editorial

Staff Spotlight: Mrs. Streitenberger

By Kathryn Moran

Our first staff spotlight is Mrs. Streitenberger. She teaches 7th and 8th grade social studies and mock trial. She is a great teacher and knows how to teach and handle students properly. She's hard working and you never see her slacking at her job.

Even though Mrs. Streitenberger was gone for two weeks recently, she still came back with a great attitude and got right back into grading and lesson planning. Personally, I have never seen Mrs. Streitenberger not doing anything. That right there is a very good quality for a teacher.

Another thing I love about having her as a teacher is that she is understanding and a very down to Earth person. Anyone who has had or currently has Mrs. Streitenberger is lucky. I'm very glad to have her and be able to write about her as a teacher.



Mrs. Streitenberger and her daughter

Opinion: Pay for Pets?

By Karissa Hansanuwat & Jazlynn Robles

Do we think that pet owners should have to pay for dogs or pets in general? No. Why should we have to pay to take care of a pet that we are going to love unconditionally? Since the owner of the pet has to pay for food, toys, leashes, collars etc., they're already spending a lot of money. Unless they adopt, people are spending \$100-\$1,000 a year to give their pets necessities and love. Having a pet is a choice that people make. Even if they expect to spend as much money as they are, it still is a lot of money. All in all, we think that it is pointless to have to pay for pets besides all of their necessities.





**GOING THROUGH
A HARD TIME AND
NEED SOME PEER
ADVICE?**

*Write to us and send
it or drop it off to
room 432, and we
will get back to you
as soon as we can.*

*Sincerely,
Prep Talk Advisors*

***Interested in getting
involved with Prep
Talk? Stop by room
432 or email
Ms. Childers at
reagan_childers@
riversideprep.net
for more
information!***